

# GOAL-GETTER 101

## GOAL & TASK TRACKER

Goal		M	T	W	T	F	S	S
Spiritual								

Goal		M	T	W	T	F	S	S
Physical								

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## GOAL & TASK MONITOR

Goal		M	T	W	T	F	S	S
Financial								

Goal		M	T	W	T	F	S	S
Emotional								

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## GOAL & TASK MONITOR

Goal		M	T	W	T	F	S	S
Creative								

Goal		M	T	W	T	F	S	S
Social								

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## GOAL & TASK MONITOR

Goal		M	T	W	T	F	S	S
Professional/Career								

Goal		M	T	W	T	F	S	S
Academic								

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## GOAL & TASK MONITOR

Goal		M	T	W	T	F	S	S
<b>Intellectual</b>								

Goal		M	T	W	T	F	S	S
<b>Environmental</b>								

WHEN WILL YOU  
COMPLETE EACH TASK?

DATE .....

*Morning Routine*

.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>

*Night Routine*

.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>
.....	<input type="checkbox"/>